



The Celtic Cross

September 2018

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This life therefore is not righteousness, but growth in righteousness, not health, but healing, not being but becoming, not rest but exercise. We are not yet what we shall be, but we are growing toward it, the process is not yet finished, but it is going on, this is not the end, but it is the road.

All does not yet gleam in glory, but all is being purified.

Martin Luther

Dearly Beloved,

On the wall of the kitchen of Kerry's mother's former apartment, next to the door frame, there hung a measuring stick. This "stick" was not a yardstick; it was a portion of a door frame that was moved from the kitchen of the home where Kerry grew up. On it were the pencil lines marking the heights of her grandchildren across the years, from the first days they could stand upright and be still long enough to be measured, to the days when they were too tall for her to mark the line. The measuring stick hung protected in an acrylic case — as a memorial to past years, and a monument to the changes which the passing years bring.

There are many ways to record the growth of a body. At our last physicals, the doctor measured the circumference of our necks! But how do we measure the growth of a soul? As the children of Young Children and Worship can tell you, we are in the "green" season of the church year, the growing season, the season marked not by special holy days such as Easter, Christmas or Pentecost, nor by focused disciplines and preparations such as Lent or Advent, but by the ordinary round of days that flow one to another without anything noteworthy appearing to happen.

Yet hopefully growth is happening, nonetheless. If we do not grow in spirit, we wither and perish. Hopefully, over the seasons and years, we have been growing in our soul as well as our body. Hopefully, we can look back at the past year, or years, and notice growth that can be marked: "ah, I *have* increased in knowledge and spiritual wisdom;" "yes, it does seem to be easier for me to be generous;" "ah, I am using my gifts for some corner of God's kingdom, and it gives me joy;" "indeed, my heart is more readily broken by the brokenness of the world," "yes, I am more capable of seeing other people not from a human point of view but as Christ perhaps would see them;" "yes, my hunger for justice is sharper, my thirst for the ways of God more acute;" "ah, my spiritual eyesight must be keener, because I am able to see Grace infusing my life and gratitude wells up in me, even in difficult circumstances, " " hmmm, I *am* closer to forgiving ones who have hurt me—at least, I do not wish them harm any longer." Hopefully, we can look back at our spiritual lives and see the pencil marks of a soul which is not yet what it shall be, but is growing towards it.

This is what we are about, Church, what everything in this newsletter is pointing towards: growing deeper in Christ, and reaching farther in love. Say a prayer as you read these pages, and see how God's Spirit is inviting you to grow.

See you in church! Kerry and Carter (Rally Day is Sept. 9)

Worship Matters

Upcoming in Worship—Worship moves to 10:30 on September 9th!

In September and October, we will be listening to the wisdom of God from the book of James in a preaching service entitled “FaithWorks.”

- September 2: Service of the Lord’s Day at 9:30 a.m.
 Serving and Seeing God in Our Daily Labors”- Reflections by Rob Land and Jo Ann Bathurst
 Sacrament of the Lord’s Supper
- September 9: Service of the Lord’s Day at 10:30 a.m.
 FaithWorks: Wisdom from James
 Commissioning of Sunday School Teachers, Young Children and Worship Ministers and Youth Advisors
- September 16: FaithWorks: Struggle
 Commissioning of Choirs and Music Ministers
- September 23: FaithWorks: Anger
- September 30: FaithWorks: Judgment
-

The Marriage Course: one of the best investments you can make

In Lent 2018, we offered an abbreviated version of **The Marriage Course**, a dvd-based series produced by the Anglican Church in Britain. Nicky and Sila Lee, authors of **The Marriage Book**, developed **The Marriage Course** for couples looking for practical support to strengthen their relationship. The course is designed to help couples build strong foundations, learn to communicate more effectively and resolve differences well. The leaders are Christians, they live and teach out of the values of their faith, but participants of any faith, or of no faith, are welcome in the course. **The Marriage Course** sets a “date night” environment conducive to couples’ being able to talk with one another privately and comfortably. The course does not involve couples’ talking with the entire group, but only with one another.

At the end of Lent, several couples expressed interest in participating in the full course. And so, we are eager to offer the complete Marriage Course, consisting of 7 sessions, each lasting about an hour and a half. We will gather on a Sunday late afternoon or evening, (specific times to be determined by participants) in October, November, January, February, March, April and May. **Babysitting will be provided by a grant from Porter-Broward Foundation** so that couples of any age can participate. **The cost for all the sessions is \$75 per couple, and includes the participants’ books and food.**

After FPC members have had a chance to register, we will publicize the course beyond the congregation. Contact Kerry if you have any questions, or would like to reserve a spot.

UPCOMING EVENTS

RALLY DAY FOR ALL AGES!

September 9th– 9:15 a.m.

Sunday School is here and we want to kick it off in style! Come to the Fellowship Hall at 9:15. Teachers will be there to get to know the students. Catch up with your friends! Adults will be able to learn more about the adult spiritual formation opportunities. All are welcome to join us as we explore our faith stories and continue our journey together:

“All Together, We Fit”



Come help us extend summer a little longer at the
The Annual Deacon's "Luau" Picnic!!!!



As the summer comes to an end, we hope you can join us for fun, games, the annual water balloon toss, facepainting, and good fellowship in celebrating the new season at the Deacon's Annual Picnic

September 9th 2018 at First Presbyterian Church from 4-7 PM (dinner served at 5:30 inside)

Please bring a side dish to serve 8 and foldable chairs or blankets to sit on outside!

Feel free to dress in your favorite tropical attire as well!

Sign up on the church bulletin board or by contacting the church office so that the Deacons know how much chicken to buy!



CROP Walk, Sunday, October 14

Join us on Sunday October 14th for our annual CROP Walk in the Pottstown Community. This year the walk is being coordinated by Carter and the Cluster Outreach Center. The walk starts at First Presbyterian Church and there are two routes to walk, one a mile long and one five miles long. Get some good exercise and walk so others will have enough food. 75 percent of the proceeds goes to meet the needs of the hungry around the world through Church World Service, and 25 percent goes to meet the needs of those in our local community through the Cluster. Last year, there were 900 walks across the nation, 107,000 walkers, and \$9 million was raised. The Pottstown CROP Walk is over 30 years old!

To join the team from First Presbyterian, to volunteer to help with the walk, or to donate for the walk, contact Carter or go to www.crophungerwalk.org/pottstownpa and follow the link to the First Presbyterian team.

MARK IT DOWN NOW—STEWARDSHIP DINNER AND PROGRAM: SUNDAY, NOV. 4

Spiritual Formation Opportunities

Adult Spiritual Formation

Join us on **Rally Day, September 9** in Fellowship Hall to hear more about all of the opportunities on Sunday and through the week for Adult Spiritual Formation.

Bible Studies

- **Men's Sunday Mornings, Sundays, 9:15 a.m. in the Pastor's Conference Room**
Join the men for a book-by-book Bible study with rotating lay leadership.
- **Women's Sunday Mornings, Sundays, 9:15 a.m. in the Mary Ann Yost Room.**
Suzanne Fritsch will lead a discussion of Joan Chittister's The Gift of Years. To get your own copy of this wonderful spiritual resource, contact Carter or Kerry.
- **Sisters of the Way: 9:15-10:45 a.m. every Thursday** beginning September 20. Women of all ages dig into scriptures which will be preached. Teacher: Kerry
- **Praying the Scriptures:** Led by Kerry, this meditation circle (lectio divina) meets on the **first and third Tuesdays of the month at 7:30 p.m. beginning October 4.**
- **Next Week's Sermon:** Explores the texts for next week's sermon. **Meets the second and fourth Tuesdays of the month 7:30-8:30 p.m. beginning October 9.** Teacher: Carter

Forum Class, Sunday mornings at 9:15 a.m. in the Community Room

In the Forum Class, we seek to "grow deeper in Christ to reach farther in love." Sometimes we look at our faith roots through Bible studies or explorations of our Christian heritage. Sometimes we look out into our community or the world, hearing from community leaders or those we support through our mission giving, or discussing ethical and community issues where our faith meets the needs and concerns of the world.

- **In September, beginning Sept. 16:**
"Presbyterians: Who We Are, Where We Have Been, and What We Believe"
We know we have the hardest name to spell, but do you know why we are called "Presbyterian?" Where did we come from and how did we get here in America? What do we believe and how has that changed through the years? What are the latest trends and challenges lying ahead for us? Join Carter as he leads the discussion.

Theology Reading Group, Tuesday evening, October 2, 7:30 p.m

Join Carter and the group at Carter's house. We will be discussing two confessions of faith, one drawn up by Christians in Germany under the Nazis, and one by Christians living under apartheid in South Africa. Both confessions of faith, the Barmen Declaration and the Belhar Confession, have been adopted by the Presbyterian Church U.S.A. Neither is long, but both are powerful. To get directions or a copy of the two faith confessions, or to have your questions answered, contact Carter.

Bridge Builders

Mindful that our country is often divided, particularly on matters of race, "Bridge Builders" is an informal group of First Presbyterians trying to grow in understanding of the (**cont. p. 8**)

Children and Youth at First Presbyterian Church

Music and Recreation for Children in Grades 2-5

Music and Recreation starts up Wednesday September 12! Join us EVERY WEDNESDAY from 4:30-5:45 for a time of games and music! All children from 2nd through 5th grade are welcome to join us. We have new games to play, new songs to sing and new friends to see. It's going to be an amazing year together! We can't wait to see you there!

Third Graders Welcomed to the Lord's Supper and Worship

Third graders and parents (and any other interested parents and children) are invited to join Jeff, Kerry and Carter for a pizza supper and discussion concerning worship and the Lord's Supper on Sunday, September 30th at 4:30 p.m. at the church. Then, on Sunday, October 7, we will introduce the children to the congregation and welcome them to the Lord's Table. This is an important rite of passage as our young ones join the rest of the church family in celebrating the Lord's Supper. Please RSVP to the church office, and call Jeff, Kerry or Carter if you have any questions.

SEEKERS

SEEKERS AND THE CHURCH PICNIC, SUNDAY, Sept. 9, 4-7 p.m.

Gaga pit, Water balloon toss, Hanging out with friends, Jeff and the Advisors, Food and drink—what is not to like? The whole family is invited so be sure you get your parents to sign up on the church bulletin board.

Senior High Seekers will go the Allens following the picnic to hang out at the fire pit

SEEKERS/PARENTS KICK-OFF EVENT:

CHALLENGE RELAY

Sept. 16, 6:00 p.m.

Challenge other families in games and challenges that will test your skills as well as how well you know your family!

Sunday, September 16th, 6:00—7:30 p.m.

After the game and ice cream sundaes, Seekers will split into junior and senior high groups and parents will meet with the advisors to discuss upcoming events.

RSVP to the church office or Jeff

Live Generously—Offering Our Time

LIVING GENEROUSLY - ADULT MISSION TRIP

After a missed year, the next chapter of the **ANNUAL DOMESTIC ADULT MISSION TRIP** is returning. These trips started in 2006 in Gautier, Mississippi, helping to rebuild after Hurricane Katrina. Since then, annual trips have been made to Pascagoula MS, New Orleans LA, Lynchburg VA, Nashville TN, Jamaica NY, and Bayville NJ. This October we will be travelling to Beaumont TX to assist with recovery from Hurricane Harvey. We have made a reservation to stay at St. Andrews Presbyterian Church in Beaumont, Texas. We have reserved the week of October 14, 2018. We are close to finalizing plans, so if you have an interest, **Call or email:** Tom Zeigler, 610-327-3805, tom@tomzengineering.com, or Carter or Kerry.

TUTORS AT BARTH ELEMENTARY

This school year marks the 21st year of our partnership with Barth Elementary School! First Presbyterian Church provides Book Buster Leaders for student book groups, tutors for third and fourth grade students, significant funding for field trips and sponsors the Peacemaker award for two fourth grade students each spring. We have often provided uniforms and school supplies during Back to School collections.

Please consider becoming part of our “One Child, One Hour, Once a Week” tutoring/mentoring program. We meet Monday afternoon from 3:10 – 4:10 p.m. beginning in mid-October through April. Students are carefully selected by their teachers who provide homework assignments and practice materials for each session. Sessions begin with healthy snacks and conversation as tutors and students build a relationship with each other. Knowledge of the latest math strategies or reading techniques is not required – only a love of children and willingness to be fully present and interested in ONE child for an hour each week.

All tutors are required to have the same clearances required for volunteers who work with children in any school, or Sunday school. These clearances can be applied for online and are free. Please allow at least 2 weeks to complete the process. Please contact Sharon Holloway 610-812-2575 or holloway25@gmail.com for more information or to say “YES”!

COMMUNITY MEALS

On the second Thursday of each month, we provide a free dinner in Fellowship Hall to those in need in our community (on other Thursdays, other congregations serve the meal in our church). If you can help cook on a second Thursday, please contact Sandy Allebach, Elaine Siever, or Kerry. If you can help serve and clean-up the meal (4:45—6:15), please contact Kerry or Carter. The more the merrier!

HABITAT FOR HUMANITY

First Presbyterian Church helped to get Habitat started in Pottstown. For many years now, First Presbyterian Church has supported Habitat with both money and volunteers. Last year, a crew from First Presbyterian helped finish a house here in Pottstown for another proud homeowner. If you would like to volunteer to work on a crew from our congregation on a Habitat house, contact Carter, Kerry, or John Livezey, and we will let you know of the next scheduled work date. Or, if you want to volunteer directly with Habitat, you can contact them at <http://habitatmontdelco.org/>.

Women's Retreat, Oct. 26-27

Turning Aside Finding God in Our Terrain

So Moses said, "I must turn aside now and see this marvelous sight, why the bush is not burned up." 4 When the LORD saw that he turned aside to look, God called to him from the midst of the bush.... Exodus 3:3-4

It is important for the wellbeing of our souls to be able to survey the terrain of our everyday life and identify ways to "turn aside" to meet the Holy One. Together we will contemplate, discuss and explore the spiritual practices that can be useful in navigating the ever-changing terrains we find ourselves in, trusting God is there waiting to speak to us when we "turn aside".

Amy Shutt will be returning as our retreat leader this year. Amy is a Spiritual Director with a heart for noticing the movement of God in her life, the lives of those she companions on the journey and the life of the world. She is a Ruling Elder in the Presbyterian Church (USA) and has facilitated small group spiritual formation for over 20 years. Amy has two adult children, is employed as an engineer and enjoys reading, quilting, yoga, and gathering with friends.

Our retreat will be at Mariawald Renewal Center in Shillington. Choose one of the following options for your stay:

- 5:00 pm Friday, Oct. 26 - 5:00 pm Saturday, Oct. 27. Double occupancy is \$75.00 per person. Three meals are included beginning with 6:00 pm dinner on Friday evening.
- Saturday, day retreat only from 9:00 am – 5:00 pm including lunch is \$35.00.
- A continuation of the retreat through Sunday for contemplation, silence and group sharing and optional spiritual direction sessions. Cost for Friday through Sunday is \$135.00. The extended retreat officially closes with the gathering of graces at 9:00 am Sunday morning, however, Mariawald is yours to enjoy until 3:00 pm (lunch not incl.)

Come for rest, fellowship and spiritual understanding as we explore and respond to the invitations Holy Spirit offers. Enjoy a fall weekend with your Sisters in Christ! Reserve your space with a check to the church office or Gina James by October 4th. Scholarship money is available, please talk to Kerry. Other questions? - contact Gina, 610-367-6067 or gina.james@comcast.net.

Worship Matters:

After discussion with representatives of the different generations in our church family, the Session at its June meeting updated the church's policy regarding photography during a service of worship. In an effort to respect parental choices regarding social media, particularly with regard to children, and to maintain a sense of reverence, the Session asks for all worship participants to refrain from taking any photographs or videos during worship services. Recognizing that family members value video or photographic records of special occasions, a photographer designated by the church staff may record special presentations such as baptisms, the Christmas pageant, choir anthems, Confirmation, special recognitions, etc. The designated photographer will then make a link available to all interested persons who contact the designated photographer. In no case are any pictures, videos, or links with other people's children to be posted on any social media site – facebook, twitter, instagram, snapchat, etc. If you have any questions or concerns, talk with Kerry, Carter or Jeff. And "smile!"

Fellowship—see also p. 3

PRIME TIMERS

20 September (Thurs.) 12:45 pm leave the church and head to The American Music Theatre in Lancaster for the 3:00pm show of “*Songs of the Silver Screen*”. The cost is \$27.00 per ticket. Make checks payable to “Prime Timers” and turn in payment to the church office by no later than August 28th. Sign up on the bulletin board across from office.

UPCOMING EVENTS

- 24 Oct. Breakfast and Trivia Challenge at the church at 8:30 am
- 14 Nov. Lunch and Music Entertainment at the church in Fellowship Hall. Lunch at Noon with music beginning at 1:15 pm - Ringing Hills Chorus “Sweet Adelines”.
- 15 Dec. Save the Date "Miracle on 34th Street" 2 PM Steel River Theater, Pottstown
- ??Dec. Lunch (TBA) then CAROLING at Manatawny Manor

MEN’S BREAKFAST, Saturday, September 8, 8 a.m.

Come join Carter and other men for fun and fellowship on the second Saturday of each month. This month we meet on Saturday, September 8 at 8 a.m. in Fellowship Hall. We break at 9 a.m.

FAITHFUL FRIENDS and FAITHFUL FRIENDS WITH CHILDREN

Faithful Friends, our young adult group, will go out to lunch after worship on Sunday, September 30. Guests/friends are invited. Let Carter or Kerry know if you can come (*where would you like to eat?*)

MOMS (Mothers of Munchkins, aka young children— how do you like that name?) are going to the Himalayan Salt Cave on Charlotte Street on Wednesday, Sept 26 at 7:00. Cost is \$15/person if we have 10 people. If it will be your first time to enter the cave, please arrive 15 minutes early. **Reservations are required:** email or call the church office, fpof-vice@fpcpottstown.org **by September 23.**

Stay tuned for the next **Faithful Friends with Children** family gathering in October.

PRAYER SHAWL MINISTRY—Wednesday, September 12th and Wednesday, September 26th

The Prayer Shawl ministry will meet every second and fourth Wednesday of the month from September through May. We meet in the library from 12:30-2:00 pm. Please join us as we create loving comfort for our church family and the wider community. If you knit or crochet, or if you would like to learn, please contact Jane Barndt, 610-469-9165, and become part of our group.

Bridge Builders, cont. from p. 4

complicated issue of race in our country, with the hope of building bridges of understanding and reconciliation. If you are interested in participating in the conversation, contact Carter or Kerry. If you are interested in some helpful resources, see <http://facing-racism.pcusa.org/>.

Church Family News

Please keep in your prayers the following people who have been ill or hospitalized or receiving treatment: Suzanne Fritsch, Arline Christ, Polly Gower, Rich Kovach, Trystian Hernandez.

We pray for all teachers, administrators, children, and youth, and their families as the new school year begins.

Thanks to all those who kept our **gardens** watered and weeded this summer: Doreen Duncan, Dedra Phillips, Patty Picardi, Sue Moyer, Tom and Judy Babbony, Andy and Judy Lane, Ted, Kay and Jacob Vogt, Janet Lawrence-Nelson, Adele Klein, Sharon Trevoy, Linda Waterbury, Andy Hazeltine, Bob Geyer, Herb Barndt, DeeAnne Orzechowski, Kurt and Sharon Holloway, Bill Dupree, Rob and Eileen Wade, Chuck Krueger, Linda Cybart, and Marcia Zeigler. And thanks to Sue Moyer for coordinating the summer schedule!

A **Big Thanks** to all who helped with **Mission Mornings** for our junior high youth: Sarah Pinard, Karen Plumadore, and Jacki Greenawalt.

Finally, thanks to all who served in childcare during worship this summer. What a great team helped us all keep our baptismal promises!

Live Generously—Pottstown Elem. Back To School Collection



Please Help Provide Much Needed Supplies

Throughout the back-to-school season, we will be collecting donations of school supplies to help fill classrooms and backpacks and provide the Pottstown Elementary School students and teachers with a solid start to their school year. **Items especially needed include:** pencils (both #2 and jumbo sizes), colored pencils, 16-count boxes of crayons, washable markers, large glue sticks, index cards (large and small), boxes of tissues, and brown paper lunch bags.

Did you forget anything this summer?

Do you need to “catch up” your giving after being away this summer? Don’t forget you can give online, either one time or on an ongoing basis. Just go to www.fpcpottstown.org.

Counters Corner—September

Head Counter: Sharon Trevoy

Regular Counters: Sharon Sgriccia, Andy Hazeltine, Kurt Holloway

Lectionary Readings

We invite you to use these readings for your daily devotions:

September 3-9: Prov. 22:1-2, 8-9, 22-23; Psalm 125; James 2:1-10, 14-17; Mark 7:24-37

September 10-16: Prov. 1:20-33; Psalm 19; James 3:1-2; Mark 8:27-38

September 17-23: Prov. 31:10-31; Psalm 1; James 3:13-4:3, 7-8a; Mark 9:30-37

September 24-30: Esther 7:1-6, 9-10; 9:20-22; Psalm 124; James 5:13-20; Mark 9:38-50

Music Notes

Our list of music selections being offered during the month of September, along with several important dates for all musicians!

Sunday, September 2nd

Prelude: "He Leadeth Me! O Blessed Thought" arr. Hayes (Piano)
 Anthem: Liturgical Dance - Emily Webber
 Offertory: "Moderato" Handel (Organ)
 Communion: Tim Allen, Piano
 Postlude: "Marche Royale" Lully (Organ)

Thursday, September 6th *Chancel Choir members are invited to mingle in the Peace Garden at 6:45 PM for "Just Desserts" followed by rehearsal at 7:30 pm!*

Sunday, September 9th Rally Day!

Prelude: We welcome Julie Kovach to the piano/organ!
 Anthem: "Be Thou My Vision" arr. Hayes (Chancel Choir)

Wednesday, September 12th *Music and Rec resumes!*

Sunday, September 16th **Cherubs will resume rehearsals during Sunday School!**

Prelude: We welcome Julie Kovach to the piano/organ
 Anthem: "Whispering Hope, Wonderful Peace" arr. Raney (Chancel Choir)

Thursday, September 20th: *Chancel Handbell members are invited to mingle in the Peace Garden at 6 PM for "Just Desserts" followed by rehearsal at 6:40 pm!*

Sunday, September 23rd

Prelude: "Count Your Blessings" Curry (Piano)
 Anthem: "The Heavens Are Telling" Haydn (Chancel Choir)
 Offertory: "Adagio" - Albinoni (Organ)
 Postlude: "Trumpet Minuet" - Clarke (Organ)

Sunday, September 30th

Prelude: "Meditations of My Heart" Hagenberg (Chancel Choir)
 Anthem: "At The Name of Jesus" Larson (Chancel Choir)
 Offertory: "Adagio" Vivaldi (Organ)
 Postlude: "Bouree" Telemann (Organ)

Health Ministry News

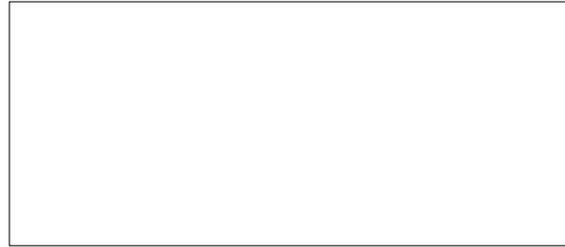
With school starting and prime germ season around the corner, its time to stock up on hand sanitizers and remember good hand washing technique! How do you know which product is best? A hand sanitizer must contain at least 60% alcohol to be effective. Even though there are natural options, the alcohol in the sanitizer is what breaks up the bacterial proteins and kills them. As for soap, studies show that most of us only spend about 5 seconds at the sink and that is not enough! The CDC states you need to spend at least 20 seconds (sing happy birthday to yourself twice) at the sink to get the germs off! Anti-bacterial soap and regular soap are about the same at preventing illness as long as you wash correctly. Hand sanitizers work well if you can't get to a sink, but washing with soap is your best option. Soap not only does as well on bacteria but also kills more viruses.

Please remember to check our health literature rack and bulletin board for updated information and upcoming events.

~Blessings in mind, body and spirit, Dawn

SEPTEMBER 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2 Worship/ Communion 9:30 am	3 Labor Day  Church Office Closed	4 GS 6:30 pm	5 Relay 6:00 pm Evening prayer 7:15 pm Committees 7:30 pm	6 HENS Open House 12-1 pm Meal 5 pm "Just Desserts" (Choir) 6:45 pm Choir 7:30 pm	7	8 Men's Breakfast 8 am Rally Day and Picnic set-up 9:30 am
9 Rally Day 9:15 am Worship/Comm. of Teachers, YCW Leaders, and Youth Advisors 10:30 Luau Picnic 4-7 pm	10 HENS Classes begin Cub Scouts 7 pm	11 Yoga 11 am GS 6:30 pm	12 Yoga 11 am Prayer Shawl 12:30 pm Music/Rec 4:30 pm Deacons 7:30 pm	13 Yoga 11 am Meal 5 pm Choir 7:30 pm	14	15
16 SS 9:15 am Worship/ Commissioning of Choirs/Music Ministers 10:30 am Seekers/Parents Challenge Relay 6 pm	17 Cub Scouts 7 pm	18 Yoga 11 am GS 6:30 pm	19 Yoga 11 am Music/Rec 4:30 pm Session 7:30 pm	20 Bible Study 9:15 Yoga 11 am Prime Timers AMT show Lancaster 12:45 Meal 5 pm "Just Desserts" (Handbells) 6pm Chancel Handbells 6:40 pm Choir 7:30 pm	21	22
23 SS 9:15 am Worship 10:30am 30 SS 9:15 am Worship 10:30 Faithful Friends lunch (after worship) Prep for Lord's Table 4:30 pm	24 Cub Scouts 7 pm	25 Yoga 11 am GS 6:30 pm	26 Yoga 11 am Prayer Shawl 12:30 pm Music/Rec 4:30 pm MOMS Himalayan Salt Cave 7 pm Comp. Friends 7:00 pm	27 Bible Study 9:15 am Yoga 11 am Meal 5 pm Chancel Handbells 6:30 pm Choir 7:30 pm	28	29 



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